



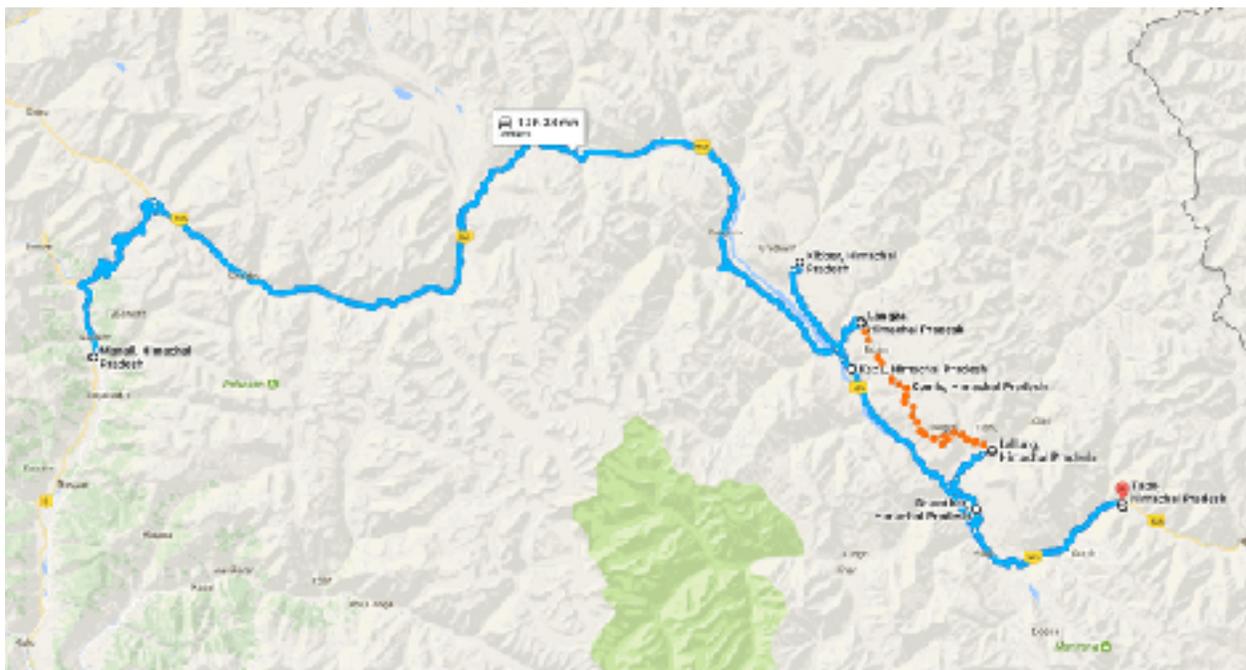
Trek Spiti 2018 - 10 days Homestay Trek Manali - Spiti - Manali

Date: 21st June - 30th June 2018 (Chapter 1) and 9th - 18th August (Chapter 2)

Highlights of the Trip:

- * Walk through the highest motor-able villages and roads in the world
- * Stay with the locals in their houses and see how life is at a high altitude
- * Camp at Chandratal lake
- * Go stargazing. One a clear night, spot the milky way
- * Talk to the monks and understand their life
- * Walk the trails that have been used by the local for centuries now
- * Visit the highest post office in the world at Hikkim and send some postcards
- * Visit some of the unknown treasures of Spiti valley

Spiti valley also known as the “Middle Land” is a Trans-Himalayan terrain bordering with Tibet at an average altitude of 4000 meters. Spiti valley is home to some of the oldest monasteries in the Himalayan region like Tabo monastery, Dhankar monastery, Sherkhang monastery and Kye monastery, strong hold of Buchen Lamas in Pin Valley, famous for Tibetan medicine system and Amchis, fossils of Langza village, highest motorable villages and passes, scenic lakes, 1000 years old culture, tough life, beautiful villages and people and out of the world landscape.



Trekking through the local trails, which Spitians have been using for centuries, is one of most challenging and peaceful experience that you shall come across in life. Come and explore with us your inner self as we go through a civilisation frozen in time. Spiti Fixed Departure have been planned in a way that you explore Spiti like a local and at a pace that helps you acclimatize and enjoy at the same time.

Duration: 9 Nights and 10 days

Double Occupancy: INR 20,500 per person (exclusive of GST)

Short Itinerary:

DAY 1 (21st June/ 9th August): Reach Manali and Relax

DAY 2 (22nd June/ 10th August): Manali - Rohtang Pass - Batal - Kunzum Pass - Lohsar - Kaza (9 -10hrs)

DAY 3 (23rd June/ 11th August): Kaza - Key - Kibber - Kaza (2-3 hrs)

DAY 4 (24th June/ 12th August): Kaza to Langza in taxi (1 hr). Hike from Langza - Hikkim - Komic (4-5hrs)

DAY 5 (25th June/ 13th August): Komic to Demul hike (5-6hrs)

DAY 6 (26th June/ 14th August): Demul to Lahlung hike (3-4hrs)

DAY 7 (27th June/ 15th August): Lahlung - Dhankar - Tabo - Kaza (5-6hrs)

DAY 8 (28th June/ 16th August): Kaza to Kunzum Pass in a taxi (3-4hrs). Hike Kunzum Pass - Chandrataal (2-3hrs)

DAY 9 (29th June/ 17th August): Chandrataal - Manali (7-8hrs)

DAY 10 (30th June/ 18th August): Leave from Manali

Detailed Itinerary:

DAY 1, Thursday (21st June/ 9th August): Reach Manali and Relax

Reach Manali in the morning from Delhi after an overnight journey and check-in. This day will be open and you are free to do whatever you want. But most important thing is to relax and acclimatize and not overexert. You can visit Hidimba or Manu temple or Vashisht to have a bath in hot spring, you can also sit next to the river and read book or just explore some good café with continental food in Old Manali. We shall help you decide and guide you to the same. In case you have missed packing something then this is the time when you should go shopping as Spiti valley doesn't have such luxuries. We shall have a briefing session in the afternoon when everyone has arrived. Call it an early night as your body needs proper rest for the journey ahead as we leave early morning and also helps in acclimatizing.

DAY 2, Friday (22nd June/ 10th August): Manali- Rohtang Pass- Batal- Kunzum Pass- Lohsar- Kaza (9-10 hrs)

Today we head to Spiti valley which will take around 10 hours (220 kms), if everything goes as planned. We leave early in the morning as we have a long way to go and ascend the mighty Rohtang Pass to begin with. We shall spend some time at the pass and then head towards Gramphoo for breakfast. From Gramphoo you shall start noticing change in terrain where you will see less trees and more of steep mountain peaks and beginning of barren landscape. From here we head towards Chatru and face some of the biggest waterfalls crossing the road which can be a nightmare for any non-experienced driver. The terrain will take drastic change from Chatru and all you will see is rocks all over with huge streams crossing the road and converging in the ruthless Chandra river. We shall take regular halts for you to absorb the place, admire it and feel the fresh air. We shall have a lunch break at Batal where we meet the owners of Chandra Dhaba who have been a saving grace to a few hundred who have got stuck in bad weather at one of the toughest places in this terrain. From here we head to Kunzum Pass and pay our regards to the Kunzum Goddess and enter Spiti valley. The jumpy ride with non-existent road which started from Gramphoo will end in Lohsar. From Lohsar head to Kaza after a small break. It will take another 2 hours of beautiful journey. Reach Kaza, check-in and enjoy a cup of tea. We shall have a small briefing session at dinner table. This tiring day will end with a gaze at the gorgeous sky of a million stars and a prominent milky way.

DAY 3, Saturday (23rd June/ 11th August): Kaza - Key - Kibber - Kaza (2-3 hrs)

Start the day easy over the breakfast. We shall head out to spend our afternoon next to the river where we shall serve you lunch picnic style and you just spend time relaxing and soaking in the sun. After lunch, we shall head to Kye monastery, the centre of learning in Spiti valley. The setting of the monastery is on a small hill from where you get a complete view of the valley. We shall have a cup of tea and spend some time at the roof of the monastery from where you can click pictures and videos. From here we shall head to Khibber village, which used to be the highest motorable village in the world before Komic took that place. High mountains around Khibber are also home to the rarest Snow Leopard and Siberian Ibex. We head back to Kaza from here.

DAY 4, Sunday (24th June/ 12th August): Kaza to Langza in taxi (1 hr).

Hike from Langza- Hikkim- Komic (4-5 hrs)

Pack your bags, have an early breakfast and head out for the trek this morning. The taxis will drive you to Langza- we shall spend sometime here in Langza before we start the trek for the day. Spend sometime

walking around the village and enjoying the scenic view of Buddha statue. This entire terrain of Langza was once under Tethys Sea and is full of fossils. You can hunt for some but avoid taking them back home. Start the hike to Komic and we shall take a small stop at Hikkim where we shall visit the highest post office in the world. Post some postcards to your loved ones from here and chat with the postmaster about his life over a cup of tea. We shall make a final move to our destination today- the Komic village which is also one of the highest village of Asia. Visit the monastery, have your lunch, see the sunset and get to know your host in the homestay. This will be your first night in the homestay and this won't be easy as some people might face some acclimatisation issue. No need to worry and just keep drinking a lot of water and eat properly. Get to know your host and understand their life at such high altitude. The life in Spiti might be harsh but each and every aspect of it has a cozy side and you will feel that while sharing space with a local family. Take rest for the night after an early dinner.

DAY 5, Monday (25th June/ 13th August): Komic to Demul hike (5-6 hrs)

Enjoy the sunrise, have your breakfast and start the hike to Demul this morning. You shall have to ascend in the beginning where we touch the highest point of the trek at 4700 meters and then it will be flat till we reach Demul. The day hike will be long and tiring but will have one of the best views to offer which will take your breathe away. Demul is a beautiful village overlooking some beautiful mountains and pasture lands. Meet your host for the night and relax.

DAY 6, Tuesday (26th June/ 14th August): Demul to Lahlung Hike (3 - 4 hrs)

We shall start Since this day trek won't be very long one so we shall start late after a nice breakfast and hike down to Lahlung through the farmlands of Demul and Rama village. This day it will most be downhill except some climbing just before you reach Lahlung. Visit the Sherkhang monastery and listen to the folklore of this monastery through a monk. Meet your host for the day and take rest.

DAY 7, Wednesday (27th June/ 15th August): Lahlung - Dhankar - Tabo - Kaza (5 - 6 hrs)

Early morning car shall arrive and we shall head back to Kaza via making short visits to Dhankar and Tabo both of which are famous mainly for monasteries. We shall directly head to Tabo monastery which is also known as the Ajantas of the Himalayas with a 1000 year old monastery. The murals, wall paintings and thankas will take you to another age and leave you speechless. The aura of the place is bound to question you where all of this is coming from. You can also visit the ancient caves that monks have been using from ages to meditate. We shall visit Dhankar monastery on our way back which is also 1000 years old on a cliff overlooking the confluence of Spiti and Pin River. There are only a few other monuments which can match the beauty of Dhankar. Visit the monastery here and enjoy a nice cup of tea looking at the monastery. Someone who still has some energy left can hike to Dhankar lake which is 45 mins from Dhankar. Head back to Kaza and relax

DAY 8, Thursday (28th June/ 16th August): Kaza to Kunzum Pass in a taxi (3-4 hrs).

Hike Kunzum Pass- Chandrataal (2-3 hrs)

After Breakfast with the local family, we head towards Chandrataal Lake and we shall start the day hike from Kunzum pass. This is another location where you will find it hard to stop clicking photographs. So if you don't have a camera, you should buy one NOW! This lake is a landscape photographer's dream come true, changing its appearance almost with every passing hour, each look as stunning as the other. Tonight we camp in proper adventure style; excellent dome tents set up to protect you from the cold and biting night winds.

DAY 9, Friday (29th June/ 17th August) – Chandrataal to Manali (7-8 hrs)

We leave early this morning to Manali after an early breakfast. We shall take a small break at Batal and say goodbye to owners of Chandra Dhaba over a cup of tea. We will try to reach Rohtang pass by early afternoon and spend some time at the pass. Head to Manali and relax. We shall have a small get together in the evening over dinner. Stay in Manali for the night.

DAY 10, Saturday (30th June/ 18th August) – Manali and Back

Trip ends this afternoon as you head back to take your bus back to Delhi or respective places and take some of memories back of a isolated civilisation and trans Himalayan terrain. Trip ends here.

What is included:

- All Transport from Day 2 to Day 9
- Local Guide for the entire trip
- Accommodation for 9 nights on twin sharing basis
- Homestay experience for 3 nights
- All meals from Day 2 to Day 9
- All entry fees to monasteries in Spiti (if any)

What is not included:

- Snacks and beverages (except the ones with meals)
- Any kind of insurance
- Service tax exclusive
- Cost of any emergency

- Bus ticket cost
- Camera Fees

Things to note for the trek:

Homestays: You shall stay 3 nights in homestays where you shall be sharing some space with a local family. It will be a wonderful experience to see the life of people at this altitude and how content they are. Stay and food will be very basic and they shall serve what they eat.

Dry Toilets: Since there is lack of water in cold deserts and carrying water is not easy at such high altitudes- the concept of dry toilets have been prevalent in Spiti since the beginning. While trekking we shall be covering a terrain where all the homestays have dry toilets. Attaching a picture of the same. We can also provide a stool if some people have difficulty squatting but there shall be an extra charge for the same.

Bathing and Hot Water: Since we shall be around 4000 meters, getting hot water for everyone will not be possible. Hot water for drinking shall not be an issue but for bathing it will not be possible. So please avoid even thinking of having a bath till you reach back to Kaza.

Important luggage during the trek: For the trek you shall be carrying only one bag which shall have all the important stuff that you shall need for the trek. Rest of the rest shall be left at Kaza in our hotel and will be take care.

Day pack and luggage: Everyone will have to carry their day pack which will have important stuff and food for the day. You shall also be required to carry your own water bottles which can be refilled at various places.

The guide won't carry your luggage: The guide shall be carrying his own stuff so he won't be able to carry your stuff. So be very particular about what you are carrying for the trek as you will have to carry it. In case extreme condition the guide will help but not otherwise. Please keep this in mind.

Cancellation Policy:

In case you need to cancel your plans for the trip due to avoidable/unavoidable reasons, please do notify us in writing regarding the same. The cancellation charges levied will be as follows:

60 – 46 days prior to date of departure: 10% of the tour cost

45 – 16 days prior to date of departure: 20% of the tour cost

15 – 8 days prior to date of departure: 25% of the tour cost

7 – 4 days prior to date of departure: 50% of the tour cost

Less than 72 hours prior to date of departure: No refund

For more information, mail us at- Spiti@IncredibleSpiti.com or call us at +91-9650675505/ 9418718564